

Department Of Health

Managing COVID at home

Campaign

Stakeholder pack

January 2022



Introduction

Vaccinations provide good protection against COVID-19. Those who test positive and are experiencing only mild symptoms can rest and recover safely at home.

By resting at home you'll be able to monitor your symptoms whilst keeping yourself and your community safe. This pack also provides advice on what to do if symptoms worsen - like calling Nurse on Call or an ambulance in an emergency. Being prepared is important.

In this pack, you will find social media posts and posters to share with your community so they know how to get the right help for their recovery from COVID-19.

Messaging

Got mild COVID-19 symptoms? Get the right help for your recovery:

- Vaccinations provide good protection against COVID-19. Those who test positive and are experiencing only mild symptoms, such as a runny nose or sore throat, can rest and recover safely at home.
- If your symptoms get worse, contact Nurse on Call, your doctor or local pharmacist. If you need an interpreter, call TIS National on 131 450 and ask to be transferred to Nurse on Call.
- If you're experiencing serious symptoms, get immediate help by calling 000.
- For more information, go to coronavirus.vic.gov.au/translations or call the COVID-19 hotline on 1800 675 398 and press 0 for an interpreter.

What you can do

You can help by:

- Sharing the materials available in this stakeholder kit with your community by email, social media or through messaging apps you use like WhatsApp, WeChat, Messenger and others.
- Directing people to the Victorian Government's coronavirus (COVID-19) website for current information and updates: www.coronavirus.vic.gov.au/translations

Social tiles

Headline:

Got mild COVID-19 symptoms?
GET THE RIGHT HELP FOR YOUR RECOVERY

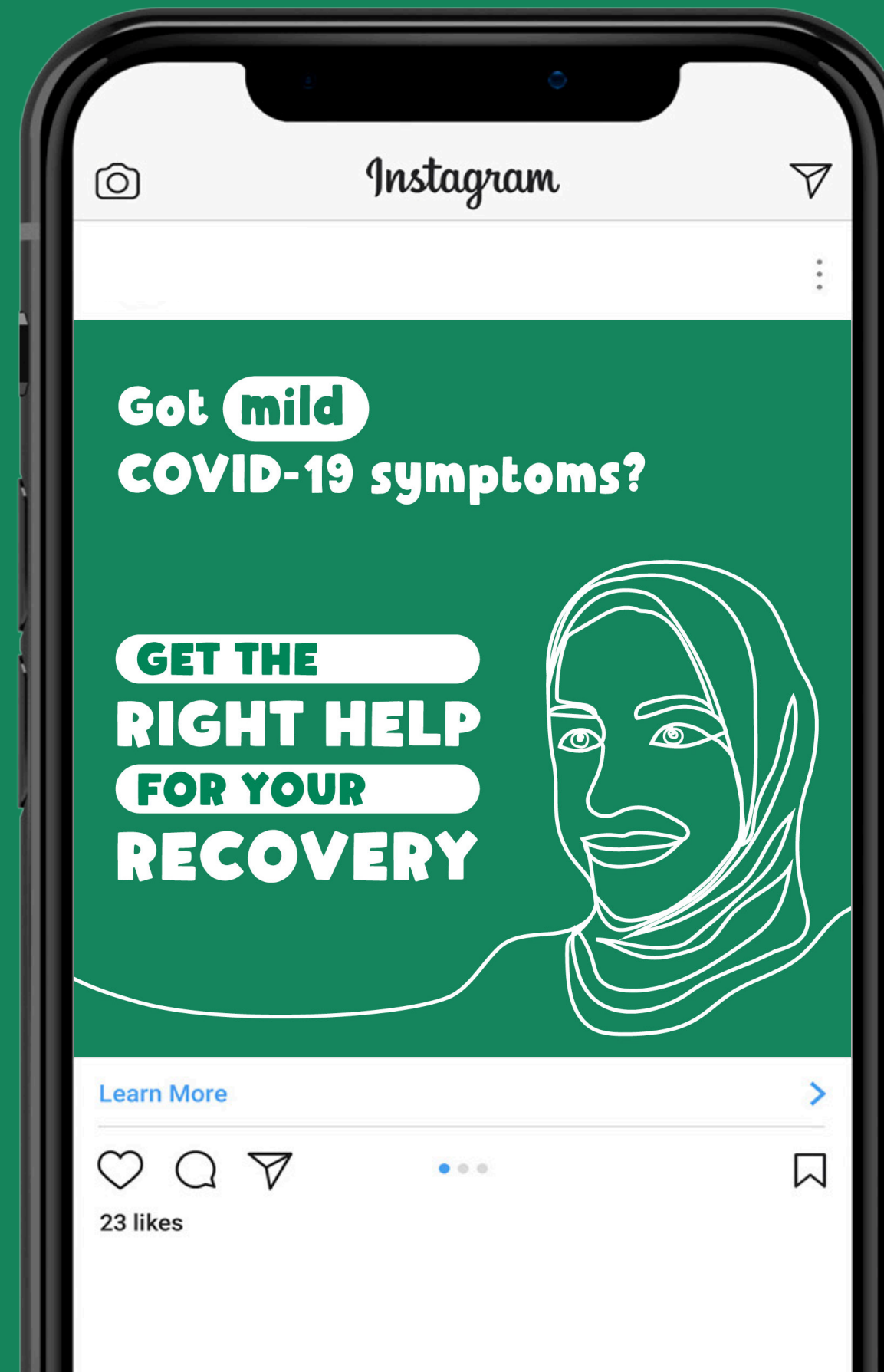
Post Copy:

Vaccinations provide good protection against COVID-19. Those who test positive and are experiencing only mild symptoms, such as a runny nose or sore throat, can rest and recover safely at home.

If your symptoms get worse, contact NURSE-ON-CALL, your doctor or your local pharmacist. If you need an interpreter, call TIS National on 131 450 and ask to be transferred to NURSE-ON-CALL.

And if you're experiencing serious symptoms, get immediate help by calling 000.

You can find support and information on how to manage your symptoms, by visiting coronavirus.vic.gov.au/translations



Available in these languages:

- Amharic
- Arabic
- Assyrian
- Bengali
- Burmese
- Chin
- Chinese (Simplified)
- Chinese (Traditional)
- Croatian
- Dari
- Dinka
- English
- Farsi
- Filipino Tagalog
- Greek
- Gujarati
- Hazaragi
- Hindi
- Italian
- Karen
- Khmer
- Korean
- Macedonian
- Malayalam
- Nepali
- Nuer
- Oromo
- Pashto
- Polish
- Punjabi
- Russian
- Samoaan
- Serbian
- Sinhalese
- Somali
- Spanish
- Swahili
- Tamil
- Thai
- Turkish
- Urdu
- Vietnamese

DOWNLOAD SOCIALS



Posters

Headline:

Get help from home for your mild COVID-19 symptoms

Post Copy:

Call your local pharmacist

Your doctor

Or contact NURSE-ON-CALL

If you need an interpreter, call TIS National on 131 450 and ask to be transferred to NURSE-ON-CALL.

You can find support and information on how to manage your symptoms by visiting coronavirus.vic.gov.au/translations

GET THE RIGHT HELP FOR YOUR RECOVERY

Get help from home for your **mild** COVID-19 symptoms



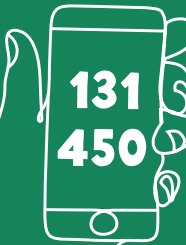
Call your local **pharmacist**



Your **doctor**

Or contact **NURSE-ON-CALL**

If you need an interpreter, call TIS National on **131 450** and ask to be transferred to NURSE-ON-CALL.



GET THE RIGHT HELP FOR YOUR RECOVERY

You can find support and information on how to manage your symptoms by visiting coronavirus.vic.gov.au/translations

Authorised by the Victorian Government, 1 Treasury Place, Melbourne



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- Punjabi
- Russian
- Samoan
- Serbian
- Sinhalese
- Somali
- Spanish
- Swahili
- Tamil
- Thai
- Turkish
- Urdu
- Vietnamese

DOWNLOAD POSTERS



Translated information

Amharic

www.coronavirus.vic.gov.au/amharic

Arabic

www.coronavirus.vic.gov.au/arabic

Assyrian

www.coronavirus.vic.gov.au/assyrian

Bengali

www.coronavirus.vic.gov.au/bengali

Burmese

www.coronavirus.vic.gov.au/burmese

Chin

www.coronavirus.vic.gov.au/chin

Chinese Simplified

www.coronavirus.vic.gov.au/simplified-chinese

Chinese Traditional

www.coronavirus.vic.gov.au/traditional-chinese

Croatian

www.coronavirus.vic.gov.au/croatian

Dari

www.coronavirus.vic.gov.au/dari

Dinka

www.coronavirus.vic.gov.au/dinka

English

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Filipino (Tagalog)

www.coronavirus.vic.gov.au/tagalog

Greek

www.coronavirus.vic.gov.au/greek

Gujarati

www.coronavirus.vic.gov.au/gujarati

Hazaragi

www.coronavirus.vic.gov.au/hazaragi

Hindi

www.coronavirus.vic.gov.au/hindi

Italian

www.coronavirus.vic.gov.au/italian

Karen

www.coronavirus.vic.gov.au/karen

Khmer

www.coronavirus.vic.gov.au/khmer

Korean

www.coronavirus.vic.gov.au/korean

Macedonian

www.coronavirus.vic.gov.au/macedonian

Malayalam

www.coronavirus.vic.gov.au/malayalam

Nepali

www.coronavirus.vic.gov.au/nepali

Nuer

www.coronavirus.vic.gov.au/nuer

Oromo

www.coronavirus.vic.gov.au/oromo

Pashto

www.coronavirus.vic.gov.au/pashto

Persian (Farsi)

www.coronavirus.vic.gov.au/farsi

Polish

www.coronavirus.vic.gov.au/polish

Punjabi

www.coronavirus.vic.gov.au/punjabi

Russian

www.coronavirus.vic.gov.au/russian

Samoan

www.coronavirus.vic.gov.au/samoan

Serbian

www.coronavirus.vic.gov.au/serbian

Sinhalese

www.coronavirus.vic.gov.au/sinhalese

Somali

www.coronavirus.vic.gov.au/somali

Spanish

www.coronavirus.vic.gov.au/spanish

Swahili

www.coronavirus.vic.gov.au/swahili

Tamil

www.coronavirus.vic.gov.au/tamil

Thai

www.coronavirus.vic.gov.au/thai

Turkish

www.coronavirus.vic.gov.au/turkish

Urdu

www.coronavirus.vic.gov.au/urdu

Vietnamese

www.coronavirus.vic.gov.au/vietnamese

Thank you.

